

## Online Course Package

# Autism Health Series



### Community Need

Autistic individuals face significant barriers when accessing health care, including limited provider knowledge, lack of accommodations, and experiences of stigma or trauma. These barriers contribute to disparities in preventative care, including low vaccination rates and delayed diagnosis or treatment of co-occurring and mental health conditions. The healthcare system also often overlooks the importance of Autistic culture, identity, and communication differences, particularly for those who are non-speaking, multiply marginalized, or navigating complex care needs.



### Course Description

The Autism Health Series is designed to equip healthcare professionals, community advocates, and public health partners with the essential knowledge, tools, and skills to champion equitable, inclusive, and effective health care and vaccination experiences for the Autism community.

#### Includes the following micro-courses:

- Importance of Preventative Care, including Vaccines
- Autism and Co-occurring conditions
- Introduction to Mental Health and Autism
- Autistic Culture, Intersectionality, and Neurodiversity
- Navigating Healthcare Systems



### Learning Objectives

- Understand the importance of preventative care for Autistic Individuals, including routine vaccinations, and how to improve accessibility and confidence.
- Recognize common co-occurring conditions and their unique presentation in Autistic individuals.
- Identify key mental health challenges and how Autism intersects with diagnosis and treatment.
- Explore Autistic culture, identity, and neurodiversity, including how race, gender, and communication styles influence health experiences and access to care.
- Use patient-centered strategies to reduce barriers and support informed decision-making for Autistic individuals and their families.



### Registration Details

This is an online, self-paced course curriculum made up of 5 micro-courses available through the Autism Society Training & Resource Center. Participants can work through the content at their own convenience. A certificate of completion will be available to those completing the course



**Cost: \$50**

**Prerequisites: None**

**Length of Training:**

Approximately 1 hour 40 minutes

**Length of Access: 6 Months**

[training.autismsociety.org](https://training.autismsociety.org)