



It Takes Two

Drowning What You Need to Know

49% of individuals with Autism wander from safe environments and **24% of those individuals** have experienced a close call with drowning.



Who is at Risk?

Drowning is a leading cause of death for individuals with Autism, who are **160x more likely to drown** than their neurotypical peers.



Where Does it Happen?

Drowning can occur in all bodies of water: pools, canals, oceans, ponds, lakes, etc.



Why Are Individuals Drawn to Water?

Water provides both sensory stimulation and enjoyment, making it appealing to many Autistic individuals. Sensory input and feedback from water may include:

- **Sound:** Calming and quiet
- **Feeling:** Gentle and enclosed, like a hug (hydrostatic pressure)
- **Visual:** Reflective patterns
- **Buoyancy:** Feeling light and free
- **Deep Pressure:** The sensation of being underwater



Autism
Society



The Arc

For people with intellectual
and developmental disabilities





It Takes Two

Two Seconds. Two Inches. Two Layers.

Every two seconds, a loved one could wander. Two inches of water could pose a risk. **It Takes Two** is a national campaign to prevent wandering and drowning incidents among individuals with Autism, Alzheimer's/Dementia, and other developmental disabilities.

91% of accidental drowning deaths
in children with Autism under 14 are due
to drowning after wandering has occurred.



**Learn How to
Reduce Water Risks:
Scan to Learn More**

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