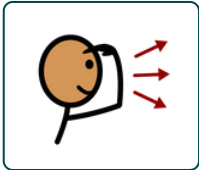

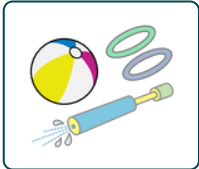
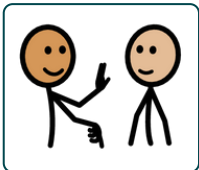







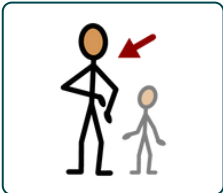

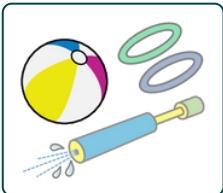

Safety on the Spectrum™

Water Safety Packet

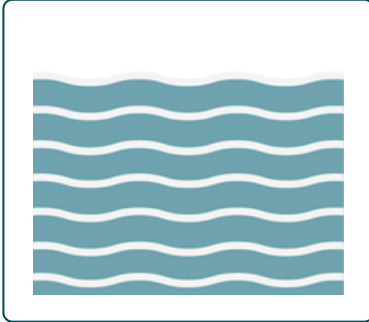


- | | | | |
|----------|---|--|-------------------------------------|
| | | | <input checked="" type="checkbox"/> |
| 1 |  | <p>Designate a responsible person to supervise the water without distraction.</p> <ul style="list-style-type: none"> • Use something visual or tangible to identify the water supervisor like a hat or lanyard. • Schedule water supervisors in intervals to ensure optimum attention to the water. | <input type="checkbox"/> |
| 2 |  | <p>Stay within an arm's length of children that are in or near water.</p> | <input type="checkbox"/> |
| 3 |  | <p>Be mindful of toys in or around the water that would entice someone to bolt or enter the water.</p> | <input type="checkbox"/> |
| 4 |  | <p>Model safe behaviors, narrate safe behaviors, and practice safe behaviors in all water environments to promote generalization.</p> | <input type="checkbox"/> |
| 5 |  | <p>Be mindful of your child's interests and typical behaviors so that you can be best prepared.</p> | <input type="checkbox"/> |
| 6 |  | <p>Have a safety plan when in or near water.</p> | <input type="checkbox"/> |

Water Safety Checklist

-
- 1**  **When I am near water, I will follow the safety rules.**
- 2**  **When I am near water, I will stay close to my helper.**
- 3**  **I will ask my helper before I go into the water.**
- 4**  **If I want a toy or item from the water I will ask my helper to get it.**
- 5**  **If it's thundering or lightning, I will not go in the water.**

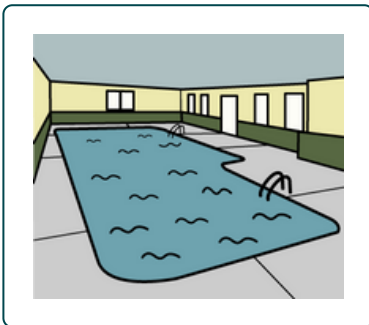
Staying Safe: Near Water



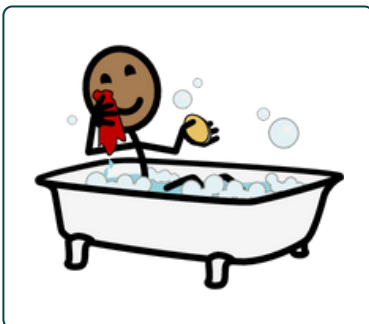
There is water everywhere.



**There is water at the beach,
in a lake, or in the ocean.**

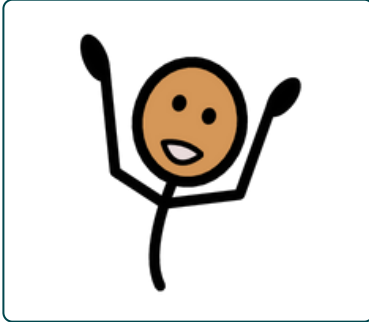


**There is water in a puddle,
on a dock, or in the pool.**



**There is water in the bathtub,
in a fish tank, or a big aquarium.**

Staying Safe: Near Water



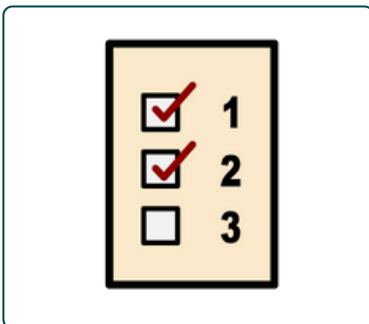
Being in the water can be fun.



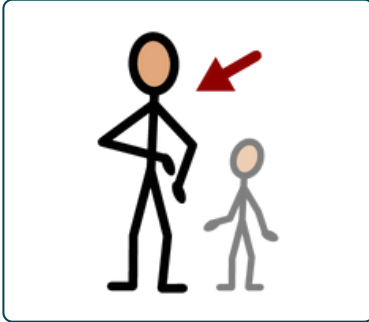
But being near water can be dangerous if I don't follow the water safety rules.



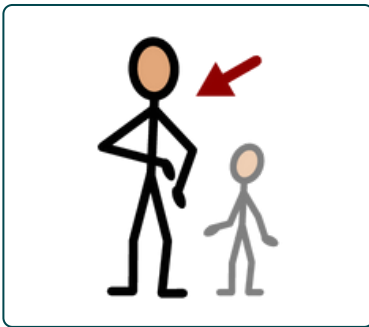
To stay safe and have fun in the water, I will learn the water safety rules.



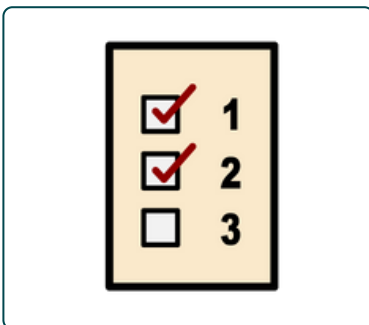
When I am in or near the water, these are the safety rules I will follow.



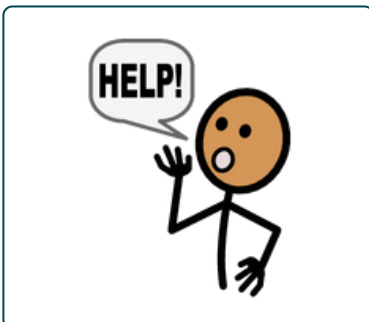
I will stay close to a helper when I am in or near the water.



A helper can be an adult like a parent, a teacher, or a caregiver.

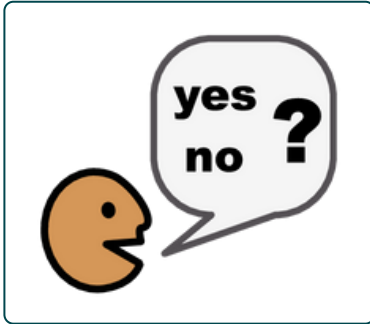


I will follow directions.

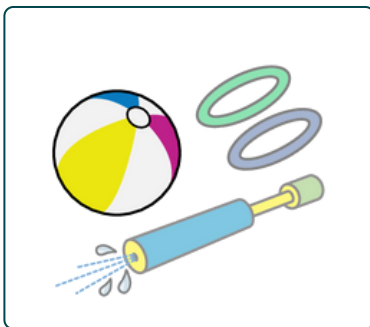


I will ask for help.

Staying Safe: Near Water



I will ask my helper before I go into the water.



I will ask for help if I want to get something that is in the water.

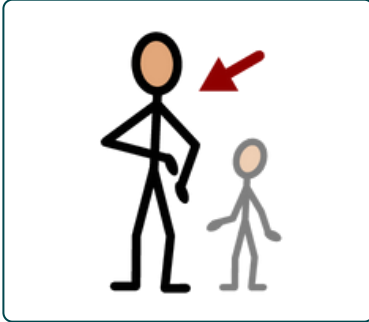


When I follow the safety rules, I can stay safe in and around the water.

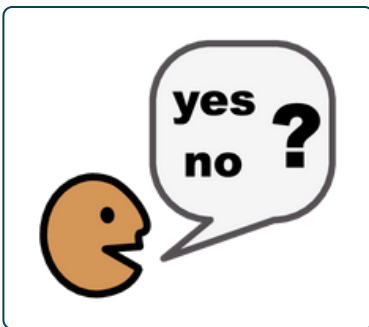


When I follow the safety rules, water can be fun and safe!

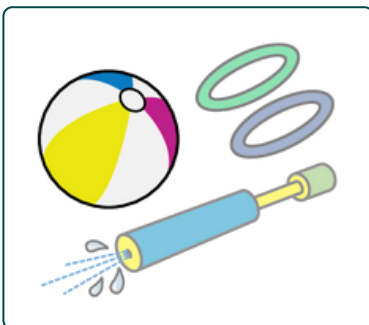
Staying Safe: At the Pool



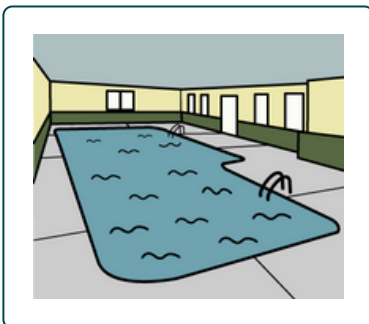
When I am at the pool I will stay close to my helper.



When I am at the pool I will ask my helper before I go in the water.

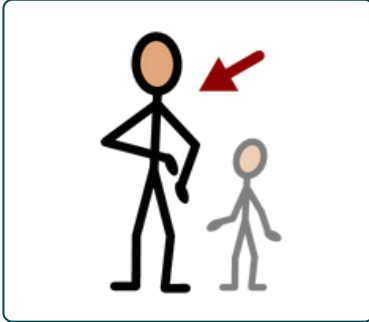


When I see a toy in the pool that I want, I will ask for help to get it.

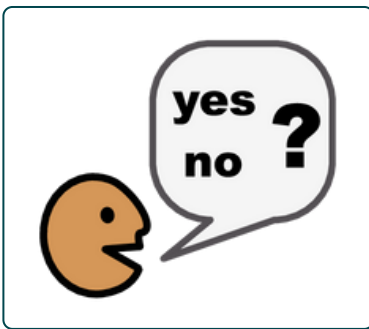


When I am at the pool I will follow the safety rules so that I can stay safe.

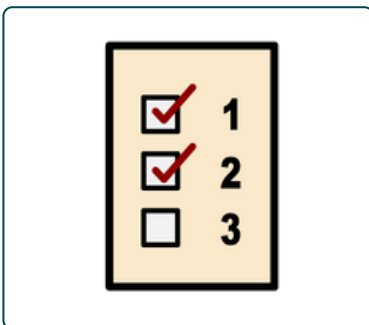
Staying Safe: At the Beach



When I am at the beach I will stay close to my helper.



When I am at the beach I will ask my helper before I go into the water.

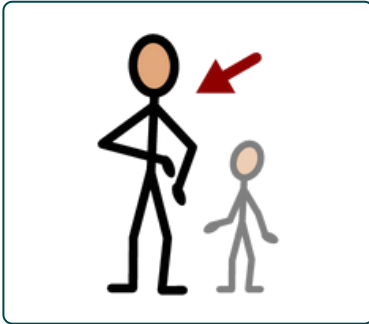


When I am at the beach I will follow directions so that I can stay safe.

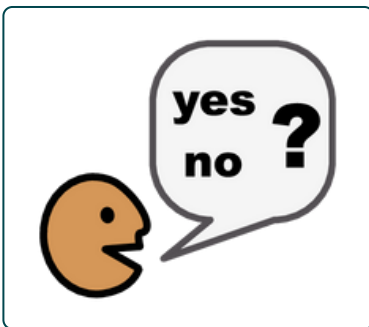


I am safe when I follow the safety rules at the beach.

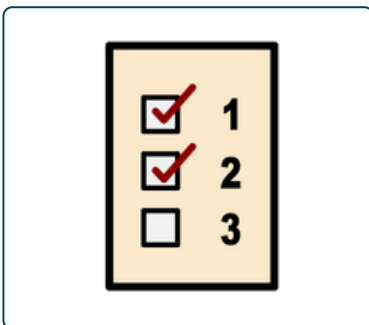
Staying Safe: At the Lake



When I am at the lake I will stay close to my helper.



When I am at the lake I will ask my helper before I go into the water.

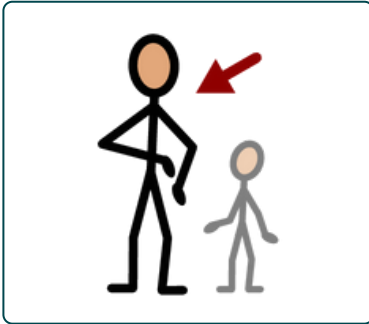


When I am at the lake I will follow directions so that I can stay safe.

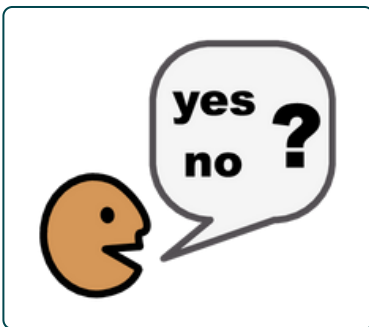


I am safe when I follow the safety rules at the lake.

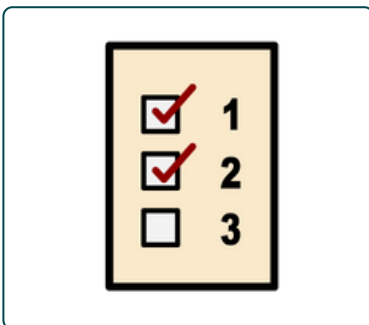
Staying Safe: On the Dock



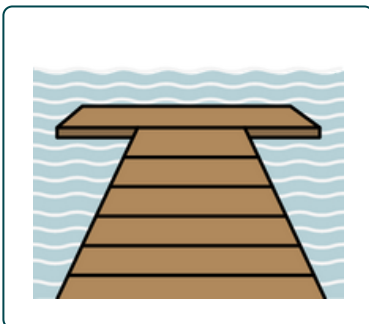
When I am on the dock I will stay close to my helper.



When I am on the dock I will ask my helper before going near or into the water.

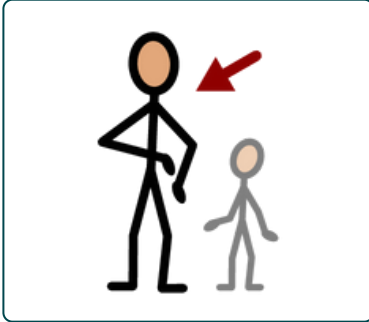


When I am on the dock I will follow directions so that I can stay safe.

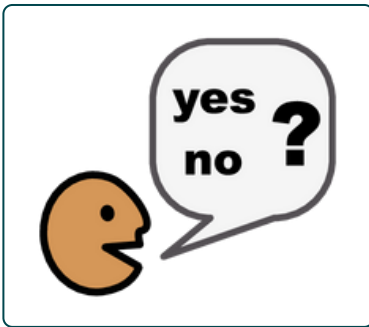


I am safe when I follow the safety rules on the dock.

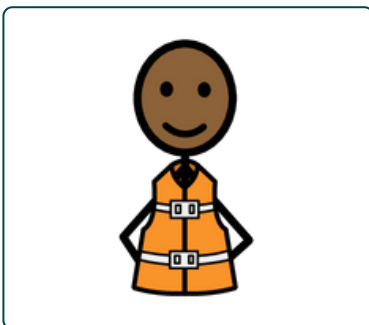
Staying Safe: On the Boat



When I am on the boat I will stay close to my helper.



When I am on the boat I will ask my helper before I go into the water.

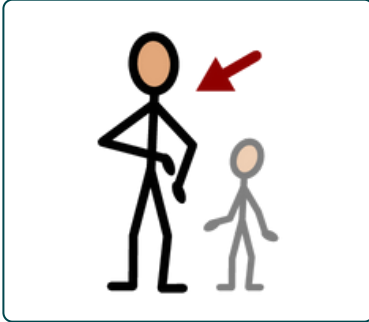


When I am on the boat I will wear a lifejacket.

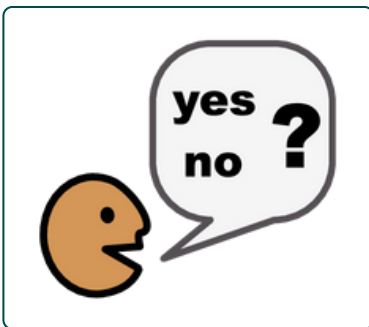


When I am on the boat I will follow the safety rules so that I can stay safe.

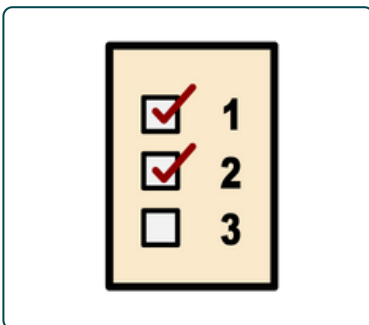
Staying Safe: In Puddles



**When I want to jump in a puddle
I will stay close to my helper.**



**When I want to jump in a puddle
I will ask my helper before I do.**

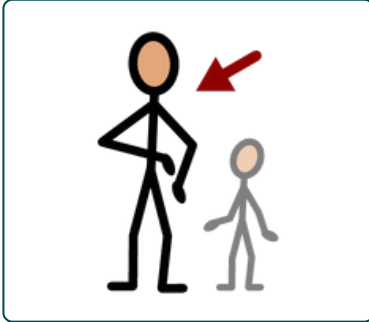


**When I want to jump in a puddle
I will follow directions so that I
can stay safe.**

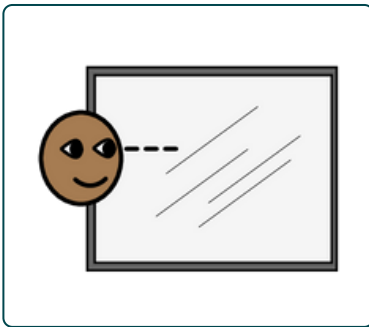


**I am safe when I follow the safety
rules when jumping in puddles.**

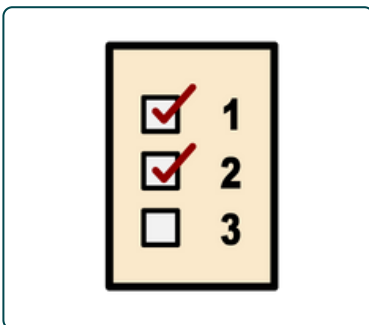
Staying Safe: At the Aquarium



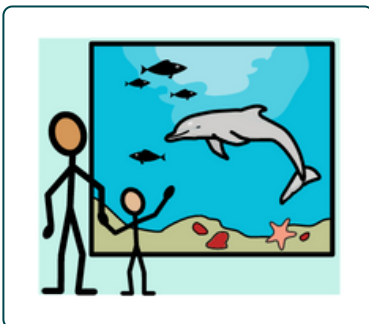
When I am at the aquarium I will stay close to my helper.



When I am at the aquarium I will keep my hands off the glass. I want the animals to feel safe in their home.



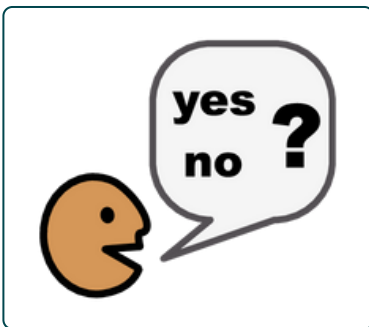
When I am at the aquarium I will follow directions so that I can stay safe.



I am safe when I follow the safety rules at the aquarium.



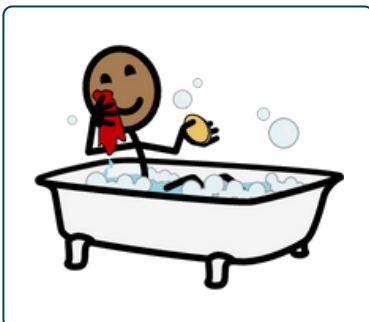
When the water is on in the bathtub, shower, or the sink I will follow directions.



I will ask before I turn the water on in the bathtub, shower, or sink.

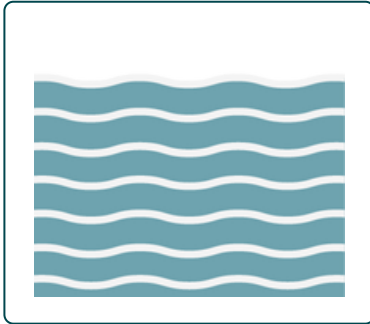


I will ask an adult before going into the bathtub or shower each time.



I am safe when I follow the rules when I use the water in the bathtub, shower, or sink.

Staying Safe: Water Safety



There is water everywhere.



Water can look different in different places like the beach, lake, ocean, in a puddle, on a dock, pool, bathtub, fish tank, or a big aquarium.



Being in the water can be fun, but it can be dangerous if I don't follow the safety rules.



When I am in or near water I will follow the safety rules so that I can stay safe and have fun.