

# **Becoming an Autism Informed Organization**

# **Understanding Autism and the Workplace**



## **Community Need**

Autistic individuals face unique challenges in the workplace, often due to a lack of understanding and awareness about Autism. This can lead to misunderstandings, unmet accommodation needs, and missed opportunities for both the individual and the organization where they work. By equipping employees and employers with knowledge about Autism and neurodiversity, this course helps bridge the gap between the lived experiences of Autistic individuals and a workplace's culture, policies, and expectations.



#### **Course Description**

Becoming an Autism-Informed Organization: Understanding Autism and the Workplace is an introductory course designed to equip individuals and organizations with the essential knowledge and tools to create inclusive and supportive work environments for Autistic individuals. This course covers foundational concepts of Autism, exploring common characteristics, neurodiversity, and the unique challenges faced by Autistic individuals in the workplace. Participants will learn about the Autistic brain, the importance of accommodations, and the role of disclosure, all with the goal of fostering acceptance, understanding, and positive change in the employment landscape.



# **Learning Objectives**

- Define Autism and Neurodiversity
   Participants will understand Autism and neurodiversity, recognizing the variety of human experiences and neurological differences.
- Understand Autistic Neurology
  Participants will explore how the Autistic
  brain works and the impact of these
  neurological differences in the workplace.
- Identify Workplace Accommodations
  Participants will learn about accommodations
  to support Autistic employees.
- Promote Informed Practices
   Participants will gain practical strategies to foster inclusive workplaces.
- Promote Acceptance
   Participants will develop the knowledge to positively influence workplace culture and support Autistic individuals.



# **Registration Details**

This is an online, self-paced course available through the Autism Society Training & Resource Center. Participants can work through the content at their own convenience. A certificate of completion will be available to those completing the course.



Cost: \$100
Prerequisites: None
Length of Training: 1 Hour
Length of Access: 6 Months

training.autismsociety.org