

Autism Society Caregiver Water Safety Checklist

1		 Designate a responsible person to supervise the water without distraction. Use something visual or tangible to identify the water supervisor like a hat or lanyard. Schedule water supervisors in intervals to ensure optimum attention to the water. 	
2		Stay within an arm's length of children that are in or near water.	
3		Be mindful of toys in or around the water that would entice someone to bolt or enter the water.	
4		Model safe behaviors, narrate safe behaviors, and practice safe behaviors in all water environments to promote generalization.	
5		Be mindful of your child's interests and typical behaviors so that you can be best prepared.	
6	☑ 1 ☑ 2 □ 3	Have a safety plan when in or near water.	

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1	✓ 1✓ 2□ 3	When I am near water, I will follow the safety rules.	
2		When I am near water, I will stay close to my helper.	
3	yes ?	I will ask my helper before I go into the water.	
4		If I want a toy or item from the water I will ask my helper to get it.	
5		If it's thundering or lightning, I will not go in the water.	