I want to protect myself and people around me from getting sick.

A vaccine is a medicine that protects people from getting sick.

Sometimes you need just one vaccine a year, sometimes you need more depending on the vaccine.
I can get a vaccine at any pharmacy, doctor, or clinic.

I will go into the building and check in by giving my name, birthday, and answering questions from the helper.

My family can help me check in. A helper will show me where to go. I will go with the helper and my family.
Even though I can’t see their faces, the helpers are very happy to see me.

Helpers may be dressed up in gowns, gloves, and masks.

I will roll up my sleeve or take off my jacket when it is my turn.
I will sit in a chair. I will try to stay still.

A nurse will give me the shot. I might feel a pinch when the needle goes into my arm.

The nurse will put a band-aid on my arm.
Getting My Vaccine

My family will be very happy that I am keeping myself from getting sick.

I may be asked to wait 15 minutes after my vaccine. I may be able to leave after my shot.

I can continue to keep myself and others safe by washing my hands. I am proud of myself for getting a vaccine.