Considerations

Sensory
Reduce fluorescent lighting. Turn lights low, use soft, or dimming. Close doors. Provide noise canceling headphones available at check in.

How it works:

Make a variety of sensory fidgets available at check in. Use throughout the appointment (ideas below).

Reduce crowding to eliminate social and visual stimuli. Offer washable play mats. Ask individualized questions. Send a reminder email.

How it works:

Prepare and send a visual schedule ahead of time. Participants can use this at the appointment to walk through the steps of the appointment.

How it works:

Prepare a feedback survey to be taken during observation to record out time after the event.

Injection Tools

**Buzzy Bee**: “Through a combination of distraction, rhythmic breathing, and this FDA 510K cleared topical product, which provides a more subtle sensation than percussion or other alternative vibration therapies. Users should familiarize themselves with the vibration strength before the first application.”

“Everything was great and although my son wasn’t happy about getting the vaccine, this was by far the smoothest vaccination he has ever received. He only wants to get vaccines here now!” — VEI clinic participant

**Warning**

The contact points on the underside saturate the sensory nerves, distracting the patient from the pain signals caused by the needle poke. **Read How to Order or Service!**

**Other Supports & Accommodations**

Family Support: “Volunteer or staff who are autism trained or experienced in autism services can help to support participants all the way through the process. This person should be prepared with communication strategies and a calming environment to provide abuffer for participants based on the needs of the participant.”

**Prepping a Child for Volunteers, Nurses, and Others**

- Provide water & snacks for participants while waiting in the extra vaccination room in case someone needs more time. Prepare and send a visual schedule ahead of time. Participants can use this at the appointment to walk through the steps of the appointment.

**A Guide for Caregivers**

First steps to take: Book space — one for younger children, another for older teens and adults. Consider providing water, coffee, snacks, etc.

**Other Resources (Clickable Links)**

**Visit www.AutismSociety.org to learn more.**

**To speak to an I&R Specialist directly, call 800-AUTISM (800-288-4874), or email info@autism-society.org.”**